



*An easy way to say Thank You*

**Join Paramedics from across Canada who are saying "Thank You" to our brave men and women of the Canadian Forces serving in Afghanistan.**

**Share A Cup With A Brave Canuck!** by purchasing \$10.00 Tim Hortons gift cards. Write a personal message of thanks on your Tim Card envelope for our troops to read.

Include an email address and you may hear back from the Canadian Soldier who received your special gift!

Send your Tim Cards to:

**Share A Cup With A Brave Canuck!**  
c/o Toronto Emergency Medical Services  
4330 Dufferin Street  
Toronto, Ontario, Canada, M3H 5R9  
Attn: Ric Rangel-Bron

**[www.shareacup.ca](http://www.shareacup.ca)**

